In May 2002, Divers Alert Network (DAN) hosted a one-day workshop in Durham, North Carolina, USA, to review the state of knowledge on flying after diving, and to discuss whether there was a need for new flying-after-diving (FAD) guidelines for recreational divers. After single no-decompression dives a minimum pre-flight surface interval of 12 hours is suggested. After multiple no-decompression dives per day or multiple days of diving a minimum pre-flight surface interval of 18 hours is suggested. For dives requiring decompression stops, there is little experimental or published evidence on which to base a recommendation. For decompression diving, a pre-flight surface interval substantially longer than 18 hours appears prudent.

The consensus guidelines were as follows.

A. Dives within no-decompression limits:
   - Single no-decompression dive: A minimum pre-flight surface interval of 12 hours is suggested.
   - Multiple dives per day or multiple days of diving: A minimum pre-flight surface interval of 18 hours is suggested.

B. Dives requiring decompression stops:
   - There is little experimental or published evidence on which to base a recommendation for decompression diving. A pre-flight surface interval substantially longer than 18 hours appears prudent.

DAN expects to publish the workshop proceedings this year and to submit to the Undersea and Hyperbaric Medicine Journal a paper reporting on the experimental trials described briefly above.

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